

## SWEET DREAMS

Hospital rooms can be an unpleasant experience for a young child. Being in an uncomfortable environment, rather than the comfort of their own room, makes it difficult for them to easily adapt. Designing pillowcases with inspirational messages and pictures will bring smiles to children's faces and encouragement to overcome the challenges ahead.

**The goal of this program is to decorate pillowcases providing comfort for children while brightening their hospital rooms.**

In addition to the pillowcases, attendees will also create dreamcatchers to protect the children from nightmares caused during these unpleasant times. The dream catchers symbolize **hope and healing**, helping the children rest knowing that everything will be fine.

**Depending on the timing, a beneficiary representative can attend the event and say a few words of thanks!**

