



# PLANT SOME SUNSHINE

PROVIDING BRIGHTNESS TO CARE FACILITIES



Many senior homes and care facilities lack brightness and energy causing increased stress, depression, and anxiety amongst its residents. Behavioral research shows the presence of flowers triggers happy emotions, heightens feelings of life satisfaction and affects social behavior in a positive manner.

This program creates flowerpot kits to brighten nursing home rooms to provide a tangible benefit to people's moods as they watch their elegant flowers bloom!

Participants will tap into their creativity and beautifully decorate the flowerpots and gift boxes with colorful floral and gardening themed designs. They'll pack the kits with the necessary materials, and also create a special message for the recipient!

In each kit, the participant will include a care card to share instructions with the recipient to take care of their new plant!

## WHAT'S INCLUDED

- Materials to create 1 flower pot kit
- Ground shipping to one U.S. location
- Instructions, language for invitations, speaking notes for the host, press release template

**Available Add-ons:** Inquire for Pricing

- Shipping to individual participants
- Sourcing a local beneficiary
- Customizable gameshow